

Woman's Refuge

when sick is Lydia E. Pinkham's Vegetable Compound.

No other medicine in the world has done so much good.

No confidence has ever been violated.

No woman's testimonial was ever published by Mrs. Pinkham without special permission.

No woman ever wrote to Mrs. Pinkham for advice without getting help. No man sees these letters. Her advice is free, and her address is Lynn, Mass. She is a woman, you can tell her the truth. No living person is so competent to advise women. None has had such experience.

She has restored a million sufferers to health. You can trust her. Others have.

Lydia E. Pinkham Med. Co., Lynn, Mass.

America's greatest canned meat packers.

Libby's Luncheons

POTTED HAM BEEF TONGUE

Three sandwich-substantial always ready for use. Each has a delicious, appetizing flavor—makes the sandwich taste so good—the more you eat the more you want.

Carefully packed in small key opening tins.

INEXPENSIVE—ECONOMICAL. Ask your grocer. If he doesn't handle them write

LIBBY, McNEILL & LIBBY, CHICAGO, ILL., U. S. A.

Write for Free Book about Libby's Luncheons—How to Make Good Things to Eat. (New Edition.) 24

Excursion Rates to Western Canada and particulars as to how to secure 100 acres of the best wheat growing land on the continent, can be secured on application to the Superintendent of Immigration, Ottawa, Canada, or the undersigned. Specially equipped excursions will leave St. Paul, Minn., on the 1st and 24 Tuesday in each month, and specially low rates on all lines of railway are being quoted for excursions leaving St. Paul on March 28th and April 4th, for Manitoba, Assiniboia, Saskatchewan and Alberta.

Write to F. Pedley, Supt. Immigration, Ottawa, Canada, or the undersigned, who will mail you a list of names, pamphlets, etc., free. N. Bartholomew, 206 8th St., Des Moines, Iowa; W. H. Rogers, Watertown, South Dakota; W. V. Bennett, 801 New York Life Bldg., Omaha, Neb.; J. B. Davies, 1546 East 3d St., St. Paul, Minn., Agents for Gov't of Canada.

Ely's Cream Balm WILL CURE CATARRH Druggists, 50 Cts. Apply Balm into each nostril. ELY BROS., 56 Warren St., N.Y.

If afflicted with sore eyes, use Thompson's Eye Water

Putting Pine Needles to Use. The pine needles of South Oregon are being utilized. The needles are first boiled and then run between horizontal wooden rollers, which extract the juice. This is called pine needle oil, which is supposed to possess medicinal properties. The pulp is used as a medicated material for upholstering, and is also said to be a good substitute for horsehair. It is said that insect pests will not live in furniture that has been upholstered with pine needles.

A Boston Institution. Among the unique institutions of this city is the Peabody Medical Institute, 4 Bulfinch street, established nine years before the death of the great philanthropist, the late Mr. George Peabody, from whom it takes its name. During the past thirty years it has achieved a wide and lasting distinction, and to-day it is the best of its kind in this country. The medical publications of this institute have millions of readers, and are as standard as gold. Their last pamphlet, ninety-four pages, entitled "Know Thyself," free by mail on receipt of six cents for postage. Send for it to-day.—Boston Journal.

Qualified Praise. "Is he a commanding figure in the politics of your community?" asked the stranger. "Well," answered the Kentuckian reflectively, "he can make a pretty good speech. But he can't shoot very straight."—Washington Star.

Silence Is Golden. Mrs. Stubb—John, would you refer to a gun as feminine? Mr. Stubb—I should think not, Maria! Mrs. Stubb—And why not? Mr. Stubb—Because guns can be silenced.

\$100 Reward, \$100. The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c.

Undecided. Mistress—Is that policeman who was in the kitchen last night your steady company? Cook—He will be, mum, if I decide to shanty here and he isn't transferred!—Puck.

Ask Your Dealer for Allen's Foot-Ease. A powder to shake into your shoes. It rests the feet. Cures Corns, Bunions, Swollen, Sore, Hot, Callous, Aching, Sweating feet and Ingrowing Nails. Allen's Foot-Ease makes new or tight shoes easy. Sold by all druggists and shoe stores, 25c. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

As a Substitute. Mrs. Hixon—What do you keep that horrid pet monkey for? Mrs. Dixon—Well, you see my husband is away more than half the time, and the animal keeps me from getting lonesome.

Kroo-er. "Does your wife take any interest in the South African war?" "Yes," she corrects me every day on my pronunciation of Kruger."—Detroit Free Press.

The rays of happiness, like those of light, are colorless when unbroken.—Longfellow.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. Samuel, Ocean Grove, N. J., Feb. 17, 1900.

A life of pleasure makes even the strongest mind frivolous at last.—Bulwer.

Mrs. Winslow's SOOTHING SYRUP for children teething; soothes the gums, reduces inflammation, allays pain, cures wind colic. 25 cents a bottle.

Washington was only 23 when made commander-in-chief of the forces of Virginia.

THE PUBLIC EYE

When President McKinley selected Mrs. Potter Palmer to act as representative of American women at the Paris exposition he conferred an honor upon the woman who is generally conceded to be best fitted for it. Mrs. Palmer is an ideal type of the American woman. She is handsome, graceful, tactful—a born leader. For years her word has been law in Chicago society and since acting as president of the Woman's Board of World's



Fair Managers in 1893 her name has become well known all over the country. Last year she took up a summer residence at Newport and her villa was the most popular at this famous resort. She is generally credited with having made the match between her niece, Miss Julia Dent Grant, and Count Cantacuzene, the rich young Russian nobleman, and it was at her Newport mansion that the brilliant wedding took place.

Julian D. Fairchild is one of the few men of Brooklyn who have had the pleasure of declining a \$25,000 a year salary, says the New York Herald. Mr. Fairchild was offered the presidency of the Brooklyn Trust Company a few days ago and was told that if he accepted the salary would be made \$25,000 a year. He has declined. Mr. Fairchild was president of the E. Frank Coe Company of Manhattan when, in May, 1893, he was elected president of the Kings County Trust Company, to succeed Joseph C. Hendrix. Mr. Fairchild's salary then was fixed at \$15,000. It has since been raised to \$20,000.

Sir Alfred Milner, governor of Cape Colony and the Queen's high commissioner for South Africa, has occupied these two positions for only three years, yet he has endowed them—prominent as they have always been—with an importance which they have never had before. The



governor of the Cape is a remarkably able man in a variety of ways. He was educated in Germany and Oxford and was once pronounced by the dean of St. Paul's to be "the finest flower of human culture which had been reared in the university in this generation." At 44 (he is now but 47) he had risen to high eminence in British politics.

Mrs. Lillie Devereux Blake is about to organize a second woman's suffrage association. Mrs. Blake was the defeated candidate for the presidency of the National Suffrage Association after the abdication of Susan B. Anthony. When Mrs. Carrie Chapman Catt succeeded to that office Mrs. Blake's friends openly threatened a second organization, holding that she by reason of Mrs. L. Blake's long service and zeal in the cause was logically entitled to that honor. The new body of suffragists will call themselves the National Legislative Association.

In San Francisco the Board of Health has created the position of assistant city physician, with a salary of \$100 a month, and put it in the hands of Dr. Beatrice Hinkle. Her duties will be the care of sick women and children in the public institutions.

The French have the exclusive right to carry on researches in Persia, but half of the finds are to belong to that country.

At Folkstone, England, an undertaker rode a bicycle on the handlebar of which was strapped a coffin containing a child.

A Mother's Tears

"I Would Cry Every Time I Washed My Baby."

"When he was 3 months old, first fevers and then large boils broke out on my baby's neck. The sores spread down his back until it became a mass of raw flesh. When I washed and powdered him I would cry, realizing what pain he was in. His pitiful wailing was heart-rending. I had about given up hope of saving him when I was urged to give him Hood's Sarsaparilla, all other treatment having failed. I washed the sores with Hood's Medicated Soap, applied Hood's Olive Ointment and gave him Hood's Sarsaparilla. The child seemed to get better every day, and very soon the change was quite noticeable. The discharge grew less, inflammation went down, the skin took on a healthy color, and the raw flesh began to scale over and a thin skin formed as the scales dropped off. Less than two bottles of Hood's Sarsaparilla, aided by Hood's Medicated Soap and Hood's Olive Ointment, accomplished this wonderful cure. I cannot praise these medicines half enough." Mrs. Gueriot, 37 Myrtle St., Rochester, N. Y. The above testimonial is very much condensed from Mrs. Gueriot's letter. As many mothers will be interested in reading the full letter, we will send it to anyone who sends request of us on a postal card. Mention this paper.



One great consolation is peculiarly the humorist's—he isn't supposed to laugh at his productions.

Libby, McNeill & Libby. Housekeepers frequently feel the need of luncheon meats which are either ready to serve or can be prepared for the table at a moment's notice. Such a need is abundantly supplied in the superior meats put up by the old reliable house of Libby, McNeill & Libby, Chicago, one of whose specialties is advertised in another column of this paper, and their booklet, "How to Make Good Things to Eat," is offered free on application.

Providence has given us hope and sleep as a compensation for the many cares of life.—Voltaire.

Johnson's Pure Cider Vinegar made by aging cider in barrels. Ask your grocer for it. F. C. Johnson, Kishwaukee, Ill.

Prosperity is no just scale; adversity is the only balance to weigh friends.—Plutarch.

Didn't Worry Willie. "No, Willie, dear," said mamma, "no more cakes to-night. Don't you know you cannot sleep on a full stomach?" "Well," replied Willie, "I can sleep on my back."

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FEEDING THE WOLF.

Avarice Ruined Their Home Life and Killed Their Mother.

"There stood on the kitchen shelf in the old farmhouse where I was born," said a New York business man, in the Youth's Companion, "a stone wolf with a slot in its back. Into this slot went the savings of the family, cent by cent. Once a month my father unscrewed the wolf's back and took out the money. It all went to buy land to add to our farm. He had an ambition to be known as a large landholder, and everything was sacrificed to that.

"The milk, the vegetables and the beef which the farm produced were sold, and we children were fed upon the refuse. We grew up pale, weak and sickly, and the money saved went into the wolf's stomach.

"My father had a good income, but my mother did all the work without help. At 40 she was an old woman. Once or twice she asked for a week's holiday or a little trip to the city. Father would consent, and then he would convince her of the extravagance of the plan. She begged that might be sent to college, but father talked so much about the expense that she dropped the matter. She used to long for a magazine or book to read, for a chance to hear music, for some escape from the deadly barrenness of our life, but it was never given to her. The cost always had to be reckoned first, and the wolf got the money.

"The home life, which might have been wholesome and attractive, was hard, greedy and cruel. My mother died, worn out with working to feed that hungry wolf. By and by a railroad was built which helped other parts of the country at the expense of our own neighborhood. The value of the farm decreased, and father was left with a lot of worthless land on his hands. We had sacrificed all that was best in life for it and we got no return."

There are few American families in which petty avarice is a marked characteristic, but there are many in which thrift is misdirected, and what should be only a means is allowed to become an end. The frugality which looks toward a realization of nobler aims and the attainment of a broader and richer life is worth every effort and self-sacrifice, but the hoarding which starves body and soul merely to add acre to acre, or to pile one useless dollar upon another, is a pinnacle of folly to which no creature but man has ever arisen.

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